



1001 G Street, S.E. · Washington, DC 20003

Office: 202.939.4810 · Fax: 202.698.3848

www.tylerelementary.net

Laps around Lincoln is a jog-a-thon geared to promote fitness and healthy lifestyles in youth, at 9 a.m. on Saturday, April 24, at historic Lincoln Park. Laps around Lincoln is open to Tyler students and non-Tyler children in the age-range from 3 to 11 (from preschool through 5th grade.)

Cost for registration is \$4 before April 9, and \$10 thereafter. Children may obtain sponsors who shall pledge either a lump sum for the student's participation in the activity or \$1 per lap around the concrete sidewalk in the sunken portion of Lincoln Park. For safety, the children will be separated into 3 groups, by age, so they jog at relatively at the same pace. Each age group will have 30 minutes to jog around the circle.

Proceeds will support the sports and healthy lifestyle programs at Tyler Elementary School sponsored by the PTA, such as *Playworks*, participation in *Local Flavor Week*, an *Operation Frontline* cooking program through *Share Our Strength* and other projects to provide a structured and healthy learning environment for students at Tyler Elementary. We also seeking the sponsorship of local and national businesses and health related organizations.

Balls or Frisbees will be made available for children to play in the park prior to and after their turn to jog.

Oranges, bananas and water will be distributed free to participants.

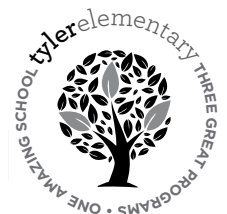
Registered participants will enjoy a dress down day on April 17, and receive reminder bracelets which they are encouraged to wear the following week to school.

Dates to Remember:

March 16	Registration Opens. \$4 fee per child.
April 9	Registration Fee increases to \$10 per child.
April 17	Reminder bracelets and dress-down day.
April 23	Bibs and t-shirts will be distributed in school to Tyler students. <i>Non-Tyler students can pick up their packets on race day.</i>
April 24	9 a.m. Jog-a-thon! Plan to arrive by 8:30 please!

To make a pledge or obtain sponsor forms go to tylerelementary.net and click on Laps Around Lincoln.

To register your child and his/her friends to jog or walk in Laps Around Lincoln, please fill out the attached form and deliver or mail: Tyler PTA, 1001 G Street, S.E., Washington, D.C. 20003





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To the PTA DC John Tyler Elementary (the “Tyler PTA”),

My child, _____, has my permission to participate in the jog-a-thon, Laps Around Lincoln, at Lincoln Park, Washington, D.C. from 9 a.m. to 12 p.m., on Saturday, April 24, 2010. Enclosed please find the registration fee of: [] \$4 (before April 9)/ [] \$10 (after April 9). Please make checks payable to “Tyler PTA”.

My child wears a child size _____ T-shirt. (We recommend the XS for 3 to 4 year olds and up from there.)

Parent/Guardian

Address

E-mail Address

Home Phone

Cell or Alternate Phone

Work Phone

Emergency Phone

I agree to direct my child to cooperate and conform with directions and instructions of the Tyler PTA volunteers in charge of the event. I will supervise my child during the event. However, should I be absent or unavailable and it becomes necessary for my child to have medical treatment while participating in this event, I hereby give the Tyler PTA volunteers permission to use their judgment in obtaining medical services. I understand that the Tyler PTA has no insurance covering such medical costs and therefore, any cost incurred for such treatment shall be my sole responsibility. I hereby waive any and all claims against the Tyler PTA for injury, accident, illness occurring during or by reason of the jog-a-thon.

Parent/Guardian

Date

